

Vidyasagar University
Curriculum for B.Sc (General) in National Service Scheme (NSS)
[Choice Based Credit System]

Semester-IV

Course	Course Code	Name of the Subjects	Course Type/ Nature	Teaching Scheme in hour per week			Credit	Marks
				L	T	P		
DSC-1D		DSC1DT: Method of Organising Human Service to the Nation through students and youths	Core Course	4	0	0	6	75
		- Practical		0	0	4		
DSC-2D	TBD	DSC-2D (other Discipline)	Core Course				6	75
DSC-3D	TBD	DSC-3D (other Discipline)	Core Course				6	75
SEC-2		SEC-2: TBD	Skill Enhancement Course-2	1	1	0	2	50
Semester Total							20	275

L = Lecture, **T** = Tutorial, **P** = Practical, **CC** = Core Course, **TBD** = To be decided, **SEC** = Skill Enhancement Course.

DSC-1 = Discipline Specific Core of Subject-1, **DSC-2** = Discipline Specific Core of Subject-2,

DSC-3 = Discipline Specific Core of Subject-3.

List of Core Course (CC) and Electives

Core Course (CC)

DSC-1D: Method of organising Human Service to the Nation through students and youths.

Skill Elective Courses (SEC)

SEC-2: Value System & Gender Sensitivity

Or

SEC-2: Health and Education Program

Or

SEC-2: Methods and Techniques of working with people and program planning

Semester-IV
Core Course (CC)

DSC-1D (CC- 4): Method of Organising Human Service to the Nation through students and youths.

Credits 06

DSC1DT: Method of organising Human Service to the Nation through students and youths.

Credits 04

Course Contents:

Unit – I: Special Camping Program

Nature, objectives and types. Concept of camp: identification of community problems – importance of group living – team building. Ice breaking and team building activities. Adaptation of village. Selection of camp site and physical arrangement. Identification of specific theme. Planning for camp - pre, during and post campaigning activities. Organization of NSS camps through various committees and discipline in the camp. Co-ordination with local planning Government and other agencies. Healthy Programmes and activities to be undertaken in the camp. . Use of mass media in NSS activities. Feedback /Evaluation : post camping activities.

Unit –II: Special program: **a.** Legal awareness, Health awareness, Environment awareness. **b.** First aid, Career guidance. **c.** Leadership training – cum- cultural guidance. **d.** Globalization and its economic, social, political and cultural impacts.

Unit –III: Rural work under NSS - i) Nature of rural society, **ii)** Problems in rural and tribal areas: Agricultural problems – low productivity tenancy, problems of bonded labours; Rural migration to towns and cities; Rural medical health services – prevention of diseases environmental sanitation through disposal of garbage, construction of soak pits, drains, roads etc. And provision of safe drinking water supply; Need for subsidiary occupation for the poor organization of village industries; Difficulties in organizing the literacy programmes and rural libraries, **iii)** Rural Youth Programme organization youth club, Young Farmers club, Mahila Mandal, **iv)** Integrated Rural Development- concept, **v)** Structure of Extension Agencies in rural areas **vi)** Credit facilities in rural areas, **vii)** Land reforms and tenancy, **viii)** Programme for weaker sections of the society in relation to the 20- point Economic Programme, e.g. allotment of house sites to schedule castes/schedule tribes, legal aid to the rural poor etc. **ix)** Re-cycling of waste and use of gober gas plants **x)** NSS and other youth programmes.

Unit –IV: Urban work under NSS - i) NSS work in urban slums – housing projects, health services, **ii)** Medical social service work and community health programme, **iii)** NSS programme in Welfare Institutions, **iv)** NSS programme in primary schools.

Unit - IV: Role and Importance of Government Organisations (GO) and Non-Government Organization (NGO): Meaning, characteristics and functions of NGO. Characteristics and Functions. Structure of Government Organisations and Non – Government Organisations. Co-ordination of National Service Scheme (NSS) with Government Organisations (GO) and Non-Government Organisations (NGO)). Grants for NSS from GO's for activities- Regular Activities, Camping activities, Other Programme Development Scheme - e.g. HIV-AIDS, Blood Donation. Studies on UNICEF (United Nations Children's Emergency Fund), WHO (World Health Organization).

DSC1DP: Practical

Credits 02

1. Campus development program:

- a. Campus development, tree planting maintenance and greening the campus cleaning.
- b. Campus development activities – clean environment campaign, formation of plastic free zones.
- c. Campus improvement activities.

2. Agency visits: Specified by the respective institution.

3. Special camp: Students will attend one special camp in the selected village and undertake various activities based on the need of that village. Students will submit a report based on the NSS camps.

4. Project: Project report will be based on field work assignments in nearby village or urban slums of NSS interests.

5. Laboratory note book and Viva Voce: Students will be required to maintain records of all works done in connection with the topic taught in this paper

Skill Enhancement Course (SEC)

SEC-2: Value System & Gender Sensitivity

Credits 02

SEC2T: Value System & Gender Sensitivity

Course Contents:

Unit –I: Value System

1. Meaning of Values, Types of Values.
2. Human Values & Social Responsibilities.

3. Indian Value System – the Concepts and its Features.
4. Eleven Vows.

Unit – II: Gender Sensitivity and Women Empowerment

1. Concept of Gender.
2. Causes behind Gender related problems and remedial measures.
3. Meaning of Woman Empowerment.
4. Various Schemes for Woman Empowerment in India.

Or

SEC-2: Health and Education Program

Credits 02

SEC2T: Health and Education Program

Course Contents:

Unit-I: First aid, Emergency and transportation of casualties: **1.** First Aid - Definition, importance and objectives. General rules of First aid. Principles of First aid. Characteristics of First aider. First Aid Box. **2.** Life saving work - concept. Methods of transferring patients. Definition, types and treatment of wound. Bleeding, types of bleeding and pressure points of blood. Checking of Circulation of blood, Control of bleeding: Nose bleeding, Ear bleeding and management of different types of fractures. Opening of air passage, checking of breathing, commencement of ERC, giving artificial respiration. **3.** Dressing – its rules. Bandage – types and methods of bandaging. Fracture, joint sprain, joint dislocation – identification and first treatment. Management of different types of fractures. **4.** Poison- effects and its treatment. Burns and scalds and its first treatment. Sun-stroke and its first treatment. Heart attack, Stroke, fainting, shock, unconsciousness, hysteria - reasons and First aid treatment. First aid in diabetes and unconsciousness. First aid for dog and snake bite. **5.** Disaster management: Definitions and Types. State level Disaster Management Authority: Introduction, Constitution and Function

Unit-II: Blood, eyes, organs and body donation awareness programs

1. Blood donation awareness programme
2. Eye donation awareness programme
3. Organs donation awareness programme
4. Body donation awareness programme
5. Self-awareness

Unit-III: AIDS/HIV/Stress management through group discussion

1. AIDS/HIV awareness programme
2. Stress management programme
3. Value education
4. Safety measures: General Discussion

Unit-IV: Awareness program in community and Education Institutions

1. Road safety programme
2. Food safety programme
3. Cyber safety programme
4. Substrate abuse safety programme
5. Drugs safety programme

Or

SEC-2: Methods and Techniques of working with people and program planning

Credits 02

SEC2T: Methods and Techniques of working with people and program planning

Course Contents:

Unit-I: Working with individuals – skills and techniques required in working with NSS volunteers and adult leaders in the community;

Unit-II: Working with groups – group formation, group development, group dynamics, leadership development and working with NSS volunteers;

Unit-III: Working with communities – Nature of Communities and their organisations, as method, techniques in human relations and communications, coordination with other agencies/Government Departments.

Unit-IV: Program planning and implementation- Importance of program planning ; Principles and methods of program planning ; Factors involved in exploring field placements for NSS volunteers; Selection of time – bound and target oriented program, including adoption of villages/urban slums.
